

Rushmere Community Runners

ANNUAL MEMBERSHIP FORM

We are very pleased to welcome you to Rushmere Community Runners (RCR). This club is affiliated to England Athletics. Your membership application and fee covers joining RCR as a **social member** only. Fee: £25

(If you wish to join England Athletics please apply via our registration process by 1st April for the year ahead. You will require a separate form available from the Secretary. England Athletics Fee: £15)

If you are under 18 please also ask your parents/carer to sign the form before it is returned.

Please complete this form in **BLOCK CAPITALS**

Personal details

Name	
Address	
Post Code	
Telephone Number	
Mobile Number	
E-mail Address (parent/carer if U18)	
Date of Birth	
English Athletics Number (if known)	

Disability

Do you consider yourself to have a disability? Yes No

If yes, what is the nature of your disability?

Visual impairment

Hearing impairment

Physical disability

Learning disability

Multiple disability

Other (please specify):

Medical information

Please detail below any important medical information that our coaches should be aware of (eg epilepsy, asthma, diabetes etc.) **including any information which might assist our run leaders while help is awaited.**

--

Emergency contact details

Please insert the information below to indicate the person(s) who should be contacted in event of an incident/accident.

1 st contact name	Contact Number:
2 nd contact name	Contact Number:

For members Under 18

By returning this completed form, I agree to my son/daughter/child in my care taking part in the activities of the club. I understand in the event of injury or illness all reasonable steps will be taken to contact me, and to deal with that injury/illness appropriately.

Name of parent/carer:	
Email of parent/carer:	
Signature:	Date:

DECLARATION

By completing this form and paying my fee of £25 I will become a **social member** of Rushmere Community Runners, entitling me to attend the regular Tuesday and Thursday run / training sessions and to be informed of all other social events. Membership of England Athletics (EA) and the associated benefits (e.g. discount off race entries) is not included and if required I will apply and pay the additional EA fee.

Signature of athlete:	Date:
-----------------------	-------

Completed forms should be handed to the secretary (Lesley Rawlinson), or posted to:
The Secretary, Rushmere Community Runners, c/o 65 Lacey Street, Ipswich, IP4 2PH.

PLEASE PAY YOUR MEMBERSHIP VIA BACS USING YOUR INITIAL AND SURNAME AS REFERENCE.

ACCOUNT NAME: Rushmere Community Runners | SORT CODE: **30 94 55** | A/C NUMBER: **15867262**